

CURRICULUM VITAE

MD RASID EQBAL

Address: Viill+Post: Mirzapur,

Dist.: Sitamarhi, (BIHAR)

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CAREER OBJECTIVE

To work an organization where I can use my skills for the organization growth and make myself to explore my professional as well as my social life.

EDUCATION QUALIFICATION

- **10th** (Matriculation) Bihar State Madarsa Education Board (**BSMEB**) Completed in 2021.
- **12th** Bihar State Madarsa Education Board (**BSMEB**) completed in 2024.

TECHNICAL QUALIFICATION

- Completed one year **DIPLOMA IN INDUSTRIAL SAFETY** in 2021 to 2022.
- Iosh Managing Safely
- First Aid at Work

COMPUTER SKILL

Basic knowledge of MS Office (MS word, Ms Excel, Ms Power Point), Scanning, Printing, Creating Report etc.

PROFESSIONAL STRENGTH

- Good Communications Skills and Interpersonal Skills.
- Good Team Work.
- Quick Learner.
- Good knowledge of Safety laws & regulations local & international.

WORKING EXPERIENCE

Techsecure Electronic security Private Limited

- From 21 May 2025 to Present at **NAVI MUMBAI**

Ms Articulate Solutions Mumbai

- From 25 June 2024 to 20 May 2025 at **MUMBAI**

Yashita Electrical Private Limited

- From 25 May 2023 to 5 June 2024 at **PUNE**

JOB DESCRIPTION

Training personnel in safety as per needs.

Conduct toolbox meeting.

Carry out risk assessment.

Prepare report on violation of safety.

Monitoring of construction site activities from safety aspects.

Selection and checking of PPE such as safety shoes, safety helmets, goggles, hand gloves and safety harness.

Participation in pre-commissioning & commissioning activities.

Welding.

- (a) Inspection of tools & equipment used in welding process.
- (b) Check for adequate ventilation or exhaust fan for extraction of fumes.

Gas.

- (c) Inspection of tools & equipment used in welding process.
- (d) Check for adequate ventilation or exhaust fan for extraction.
- (e) Claques Gas colour code

Rigging and Slings.

- a) Check weather properly tested, assembled, marked & color-coded lifting tackles f adequate slinging strengths is used, check crane, driver, operators are given instruction by a designated banks man for proper signalling check slings before lifting load.

Confined

Space.

- (a) Check entry permit before one enters confined space for adequate light and ventilation and ensuring precaution.

Working at Height.

- (a) Check weather workers are using safety harness. If they are working at/above 2Mtrs. Height inertia reel/fall arrester used while moving at height.

Scaffolding.

- (b) Check weather workers are using safety harness. If they are working at/above 2Mtrs. Height inertia reel/fall arrester used while moving at height.
- (c) Proper Claques scaffolding
Proper approx.

House Keeping.

- (a) Check all stairways, passageways and gangways kept free from materials and obstruction of any kind should be removed.

PERSONAL INFORMATION

Name : **MD RASHID EQBAL**
Father's Name : **MD SOHAIL AHMED**
Mother's Name : **NAYABE JAHAN FATMA**
Date of Birth : **01/03/2003**
Gender : **Male**
Marital Status : **Single**
Religion : **Islam**
Marital Status : **Unmarried**
Nationality : **Indian**
Language : **Hindi & Urdu& English**
Physical Status : **Good Sound & Health**

DECLARATION

I do hereby declare that all the Statements as mentioned above are true and Correct to the best of my knowledge and belief.

Date:

Signature

Place:

(Md Rashid)